SIREN FILMS | Developing an effective key person approach

Task sheet

Session 1.4

Providing a secure base and a safe haven

Video - Providing a secure base and a safe haven

What do we mean by a secure base?

What do we mean by a safe haven?

> "There is a subtle skilful balance to be made between helping a child have the confidence to be adventurous and stretch their capacities, from a secure base with their key person, and trying to force the child to do these things by not allowing him to have a secure base with his key person in the first place."
>
> Peter Elfer et.al.2012

Task 1

Safe haven - video clip 1

Safe haven - video clip 2

Secure base - video clip 3

Secure base - video clip 4

The following clips show children using their key person as a secure base and safe haven.

Bear in mind Peter Elfer's quote whilst observing the clips and look out for:

- What evidence do you see of children using the key person as a secure base to explore from and begin to take risks?

- What evidence do you see of children seeking out their key person as a safe haven when they need comfort and reassurance?

Secure base & safe haven - video clip 1

Secure base & safe haven - video clip 2

Secure base & safe haven - video clip 3

Secure base & safe haven - video clip 4

Reflection

- What do the practitioners do to provide a secure base and a safe haven for these children?

- What differences do you see in the way these children use their key person to feel secure and as a safe haven?

Action to be taken

From the discussions that you have had with your staff team in this session, are there any issues organisational or personal that you need to take up?